



CONNECTICUT ASSOCIATION OF
SCHOOL-BASED HEALTH CENTERS

Healthy Kids Make Better Learners



What Is a School Based Health Center?

A school-based health center (SBHC) provides medical, dental, and mental health services in school or on school grounds. SBHCs serve students from pre-kindergarten to 12th grade regardless of income or insurance status.

SBHC Services Include (Varies by Site):

Mental Health	Medical	Dental
<ul style="list-style-type: none">• Screenings• Support Groups• Risk Assessment• Crisis Intervention• Individual & Family Therapy	<ul style="list-style-type: none">• Physicals• Sick Visits• Immunizations• Health & Wellness Education• Acute & Chronic Illness Management	<ul style="list-style-type: none">• Sealants• Prophylaxis• Mobile Dental• Restorative Care• Oral Health Screenings

Who Works at SBHCs?

Medical and/or Behavioral Health Director	Licensed Mental Health Counselor
Advanced Nurse (APRN) or Physician's Assistant	Office Support Staff



*Check Out Our
Mapping Tool!*

*Follow Us on Social
Media & Learn More!*



MYTHS & FACTS

Myth: School-Based Health Center (SBHC) services are only for students/families that have no insurance or Medicaid/HUSKY.

Fact: SBHCs provide services regardless of income or insurance status.

Myth: SBHCs replace school nurses and your primary care providers (PCP).

Fact: SBHC providers work with PCPs, school nurses, counselors, psychologists, social workers, and coaches to treat and resolve student health issues.

Myth: SBHC staff can provide services to any student.

Fact: Parents must sign the Parent Permission Form: an enrollment form, for students to receive services. All SBHCs have opt-in-only enrollment.

Myth: SBHCs share information with the school staff and peers.

Fact: All SBHC services are confidential. SBHCs follow both HIPAA & FERPA rules and regulations.

Myth: SBHCs are exclusive to metropolitan schools.

Fact: CT has almost 300 SBHCs (view our mapping tool). Services are available to all students at schools with SBHCs.

Myth: SBHCs impact a student's education.

Fact: SBHCs keep kids healthy and in school by providing high-quality health care to students where they are.

Myth: I still must pay my child's copay.

Fact: SBHCs rely solely on insurance reimbursements. No copays or out-of-pocket costs. Services are free for students without insurance.

For more information visit
www.CTSchoolHealth.org



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